

# *Temperance*



**2 Pet. 1:5**



# *Introduction*

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- **1 Tim. 2:4**
- **God wants all men to be saved!**
- **But we must add the Christian  
graces to have a well rounded  
Christian character**



**Temperance---Self-control**



# *Introduction*

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- **Temperance** = moderation; self restraint; self-control
- “It denotes self-government, discipline, the ability of one to control his own life” Woods



**Temperance---Self-control**



# *Introduction*

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- “The ability to take a grip of one’s self” Barclay
- 2 Pet. 1:6 “to knowledge self-control, to self-control perseverance, to perseverance godliness,” NKJV



**Temperance---Self-control**



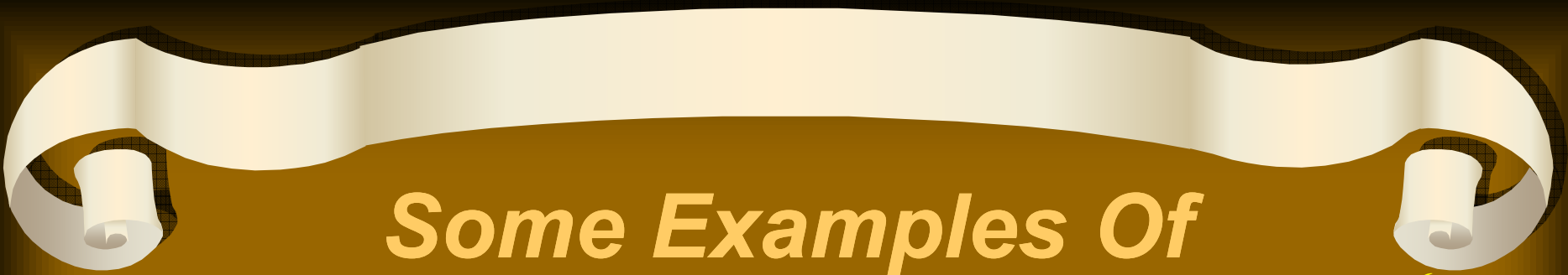
*Some Examples Of A  
Lack Of Self Control*

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- **Eve**
- **Achan**
- **David and Bathsheba**



**Temperance---Self-control**



*Some Examples Of  
Self Control*

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- **Joseph**
- **Daniel and his companions**
- **Daniel 1:8**



**Temperance---Self-control**



*Where We Must  
Practice Self Control*

- In things that are useful and good---eating, drinking, pleasure, working, sleeping etc.
- Abstain from all things sinful—lying, gambling, stealing, cheating etc. –1 Th. 5:22

**Temperance---Self-control**





***Where We Must  
Practice Self Control***

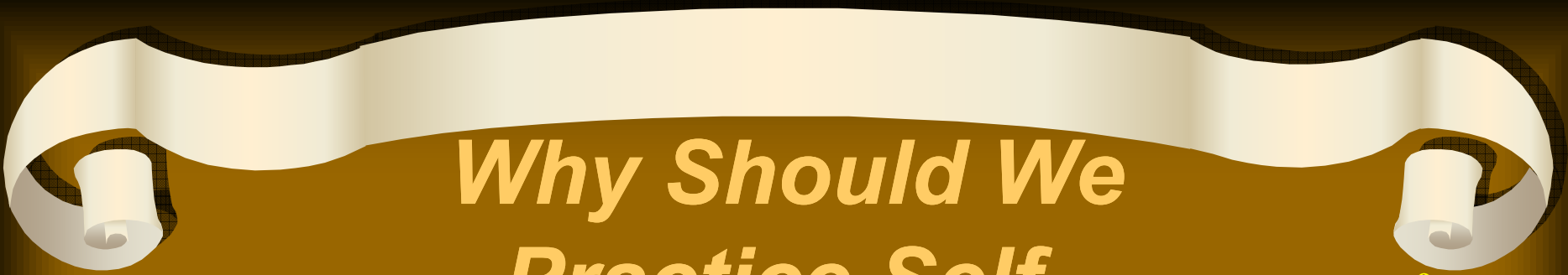
8

- **We must control our temper**
- **Prov. 14:29; 16:32**
- **We must control our tongue**
- **Js. 1:26**



**Temperance---Self-control**





*Why Should We  
Practice Self-  
Control?*

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- **Prov. 25:28**
- **For the good of others**
- **Christ practiced self-control and self-denial for us**
- **Phil. 2:5-8**



**Temperance---Self-control**



*Why Should We  
Practice Self-  
Control?*

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- Practice it for our own good
- 1 Cor. 9:25
- 1 Cor. 9:27
- Gal. 5:22-23
- 2 Pet. 1:11



**Temperance---Self-control**



## *Conclusion*

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- **We must practice self-control in order to get to heaven**
- **Self-control is something we must work at daily—with diligence and determination**



**Temperance---Self-control**




*Paul- A Great  
Example*

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**1 Cor. 9:25-27**



**Temperance---Self-control**



*Self-control  
Compared To  
Crucifixion*

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- Gal. 5:24
- Col. 3:5
- Christians must decide once for all that their lives will be controlled by Christ & not by sin
- Lk. 9:23-DAILY SELF DENIAL

Temperance---Self-control





# *Spiritual Surgery*

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- **Mt. 5:29**
- **Sin originates in the lustful mind—and He uses a figure here to describe what we must do**



**Temperance---Self-control**